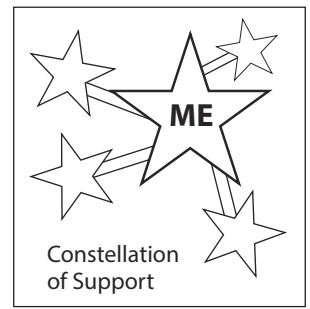
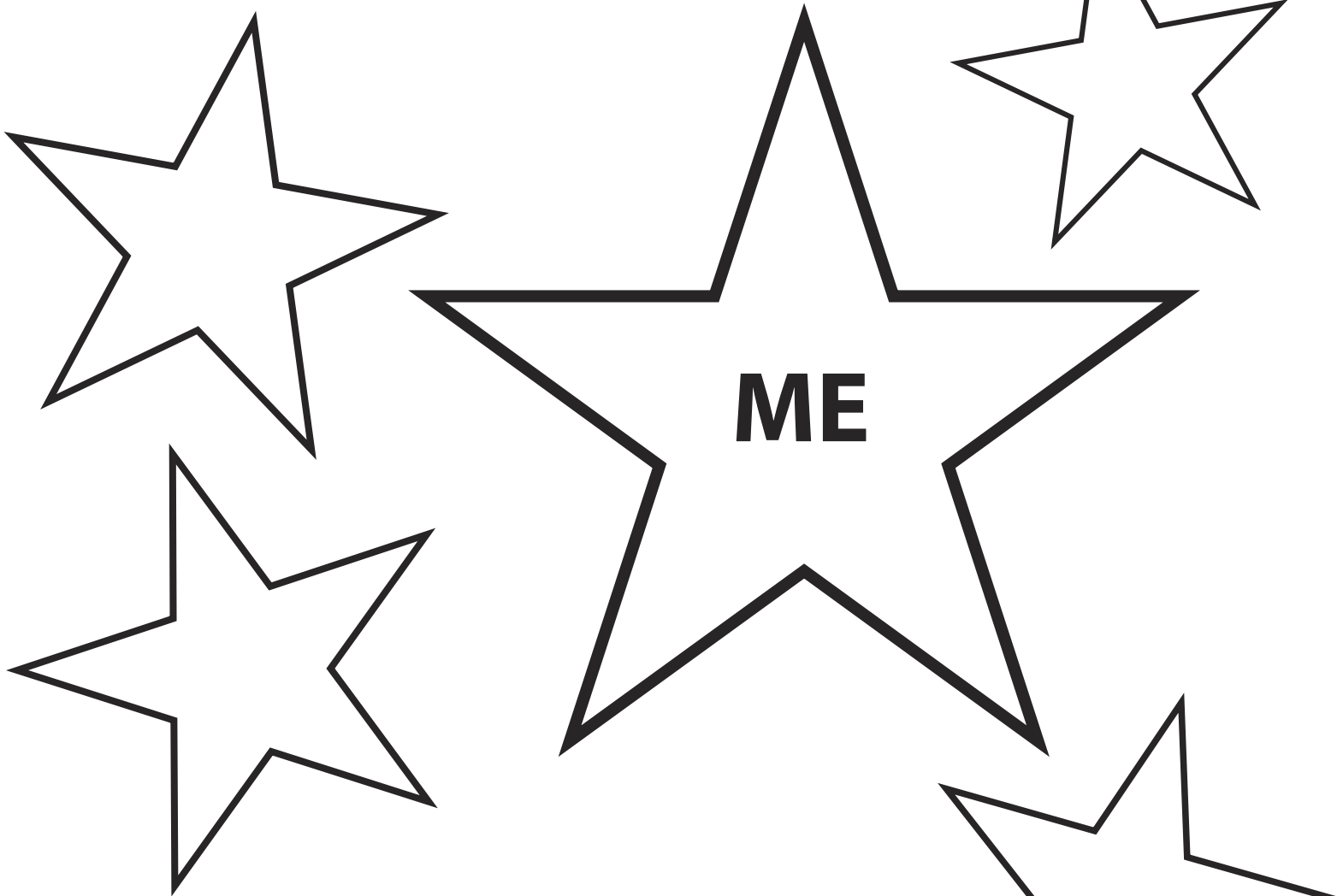


# BrainWise CPR<sup>®</sup>

## Constellation of Support



**Where can you get support to help you?** On the stars below, write down one or more people or resources who can give you help and draw a double line from you to them to show their strong support.



### Examples of Support Sources

Mom	Teacher	Clergy	Pets
Dad	Counselor	Prayer	911
Sibling	Social Worker	Support Groups	Help Line
Gram/Gramps	Friend	Health Professional	Books
Self-help Sources	Caregivers	Other Relatives	Religion